

East Lancashire Young People's Mental Health

Concerned about your Mental Health?

Are you under 18 or concerned about someone under

18?

Advice sessions are available on-line via

'Attend Anywhere'

Delivered by ELCAS

tinyurl.com/ELCAS-LSCFT



Enter the word "ELCAS" as the first name and "drop in" as the second name followed by your date of birth.

You will then enter our virtual waiting area where we will collect

Wed 2nd October 2024

1pm - 3pm

Wed 9th October 2024

3pm - 5pm

Wed 16th October 2024

5pm - 7pm

Wed 23rd October 2024

1pm - 3pm



We are
Kind



We are
Respectful



We are
Always
Learning



We are
a
Team

NHS

Lancashire &
South Cumbria
NHS Foundation Trust

East Lancashire Young People's Mental Health

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Wed 13th November 2024

3pm - 5pm

Wed 20th November 2024

5pm - 7pm

Wed 27th November 2024

1pm - 3pm



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Wed 4th December 2024

1pm - 3pm

Wed 11th December 2024

3pm - 5pm

Wed 18th December 2024

5pm - 7pm



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